

# Workshop on Improving Communication using DiSC®

The foundation of personal and professional success lies in understanding yourself, understanding others, and realizing the impact of personal behavior on others. For nearly thirty years, the DiSC Profile Test has unlocked the door to productive communication and interpersonal relationships for over 40 million people through its DiSC Dimensions of Behavior learning approach. DiSC Dimensions of Behavior provides a nonjudgmental language for exploring behavioral issues.

## Improving Communication using DiSC:

Communication is more than talking and listening. Genuine communication requires a deep understanding of another person's perspective. But when you take consideration of all of our biases, behavioral idiosyncrasies, unspoken emotions, personal agendas and unshared assumptions, this can seem almost impossible. For years, however, DiSC has successfully helped people understand each other on a more fundamental level. This program shows participants how to read other people and see how others interpret their behaviors. It leaves them with a gut-level appreciation for the needs of their co-workers. Ultimately, the program helps participants adapt their communication styles in a way that creates an enduring working alliance among other group members.

**Objective:** The program is designed to help participants

- x Understand the DiSC model of human nature and develop an appreciation for personal differences
- x Get Feedback to see the different ways that their behaviors are interpreted by their co-workers
- x Read about their co-workers' DiSC styles and learn how to anticipate their unique preferences
- x Gain an empathic understanding for why their co-workers act the way they do
- x Recognize the types of communication that are effective and ineffective with each style
- x Develop specific communication strategies that build a culture of alliance and collaboration

Duration: One (1) Day  
(9am-5pm)

Date: November 8, 2008

Includes:

One Lunch and two tea break

Participants Handbook

DiSC Classic 2.0 (Pre-training  
online profiling)

Why Wait? Send your  
confirmation NOW and avail  
the International program at  
an affordable price.

Course fee per Pax: Taka  
19,500  
(inclusive all taxes )

## Why Amplitude Solution?

We are the only training  
consultant in Bangladesh  
providing training and  
consultancy with certified DiSC  
trainer .

## Workshop Description

This workshop involves people in a highly interactive process of self-discovery and insight. Participants begin by identifying their own patterns. They recognize and explore ways they prefer to act, relate, work, socialize, and deal with change, as well as the ways they prefer to be approached, consulted, and involved in a group process. They are able to name their strengths and the ways they contribute to the success of a team or a company. They are also able to admit their limitations in a way that doesn't make them feel at all deficient. This recognition process often elicits a lot of aha's and laughter.

Participants then understand how to recognize other people's patterns, their strengths and limitations, and how to work more effectively with them. By the end of the workshop participants have a clearer understanding of how they can reduce conflict and miscommunication, build rapport and cooperation, work on teams more efficiently, cope with change more positively, and profit from working with people they used to avoid.